



**PLEASE ORDER AT THE COUNTER**

**FOOD ALLERGIES, INTOLERANCES AND DIETARY REQUIREMENTS**

Please speak to a member of staff about the ingredients in your meal when placing your order.

We follow good hygiene practices and in our food preparation areas however, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. Please ask staff for further information.

# VEGAN MENU

## KEEP IT SIMPLE...

### TOAST IT

Toast / Gluten Free toast/ bagel - plain or rainbow\* or sourdough crumpets

sunflower spread / raspberry jam /cream cheese / peanut butter / Vegemite / marmalade / chocolate spread

2.50

### CROISSANT

PLAIN 2.00  
SUNFLOWER SPREAD & JAM 2.60

## ROUND & ROUND...

### BRIOCHE ROLL / BAGEL

brioche roll / bagel (plain or rainbow\*)

VEGAN BACON 4.50  
add ketchup or brown sauce

VEGAN BACON & CREAM CHEESE 5.00

VEGAN BLT 5.25  
vegan bacon, tomato & rocket – add ketchup or vegan mayo

ADD CHILLI JAM 0.50  
ADD VEGGIE HAGGIS 1.25  
ADD AVOCADO 1.25

### CHOOSE YOUR BREAD

white sourdough bloomer / malted bloomer / gluten free

## STUFF ON TOAST...

BAKED BEANS 3.50

GARLIC & THYME MUSHROOMS 4.95  
with houmous, rocket & balsamic

AVOCADO 5.95  
smashed with lime & pepper\* served with rocket, tomatoes & balsamic

\*chilli flakes optional

ADD CHILLI JAM 0.50  
ADD BEANS 1.00  
ADD VEGGIE HAGGIS 1.25  
ADD AVOCADO 1.25  
ADD MUSHROOMS 1.25  
ADD FETA STYLE CHEESE 1.25  
ADD VEGAN BACON 2.25

## TIME FOR LUNCH...

### SOUP

bowl of homemade soup served with bread or oatcakes

SEE BOARD FOR TODAY'S SELECTION 3.95

ADD A HALF PORTION OF SOUP TO ANY ITEM 1.95

### LUNCH SOUP DEAL 6.95

bowl of soup with any sandwich / wrap / salad / classic toastie (excludes paninis)

### CLASSIC TOASTIES

choose Violife vegan cheddar or applewood smoked vegan cheddar

CHEESE 4.50  
CHEESE & RED ONION 4.75  
CHEESE & TOMATO 4.95  
MUSHROOM & CHEESE 5.50

### SANDWICHES / WRAPS / SALADS

all 5.50

FALAFEL, HOUMOUS, TOMATO & SPINACH  
BBQ JACKFRUIT, AVOCADO & SALAD  
ONION BHAJI, MANGO CHUTNEY & SPINACH

TOASTED 0.50  
ADD RED ONION 0.25  
ADD CUCUMBER 0.25  
ADD TOMATO 0.25  
ADD CHILLI JAM 0.50  
ADD ONION CHUTNEY 0.50  
ADD CHEESE 0.50  
ADD AVOCADO 1.25

### PANINIS

PESTO, TOMATO & MOZZARELLA (CONTAINS NUTS) 5.95  
VEGGIE HAGGIS, ONION CHUTNEY & CHEESE 6.95  
BBQ JACKFRUIT & CHEESE 6.95  
FETA, MUSHROOMS, ROCKET AND BALSAMIC 6.95

\*ADD 0.50